## **FCSD Adult Dance Conference 2025**

Tues. Feb.18	Wed. Feb.19	Thurs. Feb.20	Fri. Feb.21	Sat. Feb.22	Sun. Feb.23
5:30 - 6:30 pm Absolute Beginner Heels with Chris Van Green (Kent)	6:30 - 7:30 6:00 - 7:15 pm Swing Dance with Clair Ahern Kent	6:30 - 7:30 pm Salsa with Salsa SJ (Kent)		2:00 - 3:15 pm Creative Movement Skills with Meredith Kalaman (Valley)	10:00 - 10:45 am Yoga for dancers with Sarah Power (City)
6:30 - 7:45 pm  Beginner/Intermediate Ballet with Frank Augustyn (City)	6:00 - 7:00 pm Advanced Burlesque with Chris Van Green (Valley)	6:30 - 7:30 pm  Beginner Musical Theatre with James Smith (City)  Moved to Wednesday		3:30 - 4:30 pm Beginner/Intermediate Street with Julia Whalley (Valley)	12:30 - 2:00 pm Body - Centered Ballet with Meredith Kalaman (City)
6:30 - 7:30 pm Contemporary Dance Creation with Darryl Tracy (Kent)	7:00 - 7:45 pm <b>Pilates with Jacey Ji</b> (Valley)	7:30 - 8:30 pm Beginner Tap with Melissa Feltus (City)		4:30 - 5:30 pm Advanced Street with Julia Whalley (Valley)	2:15 - 3:15 pm Percussion and Body Coordination with lan Gibson (City)
7:00 - 8:00 pm Beginner Jazz with Chris Van Green (Valley)	7:00 - 8:00 pm  Beginner/Intermediate  Burlesque with Chris Van Green (Valley)	8:30 - 9:30 pm 8:30 - 9:15 pm 80's Jazz Choreography with Melissa Feltus (City)	7:15 - 8:30 pm Intermediate/Advanced Counter Technique with Meredith Kalaman (Valley)	5:30 - 6:30 pm Intermediate/Advanced Heels with Julia Whalley (Valley)	11:30 am - 12:30 pm Beginner/Intermediate Tap with Mackenzie Greenwell (Valley)
7:45 - 9:15 pm Advanced Ballet with Frank Augustyn (City)	7:30 - 9:00 pm Advanced Contemporary with Darryl Tracy (Kent)	7:30 - 8:30 pm Absolute Beginner Ballet with Sarah Power (Valley)	8:30 - 9:30 pm Contemporary Ballet Repertoire. with Meredith Kalaman (Valley)	6:00 - 7:00 pm NIA with Steffi Retzlaff (City)	12:30 - 1:30 pm Advanced Tap with Mackenzie Greenwell (Valley)
8:00 - 9:15 pm Beginner/Intermediate Contemporary with Darryl (Kent)	7:30 - 8:30 pm Yoga Choreography with Steffi Retzlaff (City)		7:30 - 8:30 pm Intermediate/Advanced Hip Hop with Jamie Sunarko (City)	7:00 - 8:00 pm  Beginner/Intermediate Cape Breton Step with Mackenzie Greenwell (Valley)	1:30 - 2:30 pm Intermediate/Advanced Musical Theatre with Marcia Dysart (Valley)
7:00 - 8:00 pm Absolute Beginner Hip Hop with with Rachel Jones (Valley)	8:00 - 9:00 pm Absolute Beginner Tap With Jocelyn Roy (Valley)		8:15 - 9:15 pm Absolute Beginner Jazz with Melissa Feltus (Valley)	8:00 - 9:00 pm Intermediate/Advanced Tap Improv. With Mackenzie Greenwell (Valley)	2:30 - 3:30 pm Intermediate/Advanced Contemporary Choreography with Marcia Dysart (Valley)
8:00 - 9:00 pm  Beginner/Intermediate Heels with Chris Van Green (Valley)	8:00 - 9:00 pm Bachata Styling with Andrea Paddock (Valley)			7:00 - 11:00 pm GROOV3 with Angelina Cyr and Social	3:30 - 4:30 pm Intermediate/Advanced Classical Ballet Rep. with Sarah Power (Valley)
	8:30 - 9:30 Beginner Musical Theatre with James Smith (Saint John)				4:30 - 5:30 pm Improvisation with Kristina Lemieux (Valley)

Level	Description		
Absolute Beginner	No experience		
Beginner	Limited experience		
Beginner/Intermediate	Prior experience with some competency in technique		
Intermediate/Advanced	Class is suitable for both Intermediate and Advanced dancers		
Advanced	Proficiency in technique is required		
All Levels	Open to all levels and abilities		

## How do I choose my classes?

I have no experience in dance - Absolute Beginner Classes and All Level Classes
I have limited experience in dance - Absolute Beginner, Beginner, and All Level classes
I haven't danced in a long time, but danced as a student - Beginner, Beginner/Intermediate and All Level classes
I've been dancing as an adult in recent years - Absolute Beginner, Beginner, Beginner/Intermediate and All Level Classes
I have years of experience or am a professional dancer - Intermediate/Advanced, Advanced and All Level classes

## **Class Price List**

Passes	Cost
Unlimited Access Pass	\$140
10 Class Pass	\$120
6 Class Pass	\$85
4 Class Pass	\$70
Individual Class Pass	\$20

## How to I register?

Register online. Select Pass. Once registered email <u>admin@firstcityschoolofdance.com</u> with the list of classes you would like to sign up for. Studio classes are limited to 16 dancers. First come, first serve. Kent Theatre Classes are limited to 40.

City Studio - 156 Union St. Saint John Valley Studio - 80 Millennium St. Quispamsis Kent Theatre - 24 Coburg St.