


## Saint John Schedule 2024 - 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4:15- 4:45 <b>Creative Ballet</b> (3 & 4 years)	4:15 - 5:00 <b>Pre-Ballet</b> (5 & 6 years)	4:30 - 5:30 <b>Ballet Level 1</b> (7 & 8 years)	4:30 - 5:30 <b>Ballet Level 2</b> (Exam class) (9 & 10 years)	4:30 - 5:30 <b>Jazz 1 &amp; 2</b> (7 - 10 years)	9:00 - 9:30 <b>Toddler Moves and Grooves</b> (18 - 36 months)	10:00 - 10:30 <b>Toddler Moves and Grooves</b> (18 - 36 months)
4:45 - 6:00 <b>Ballet Level 4 &amp; 5</b> (13 years +)	5:00 - 6:30 <b>Ballet Level 4 &amp; 5</b> (Exam class)	5:30 - 6:30 <b>Contemporary 1 &amp; 2</b> (7 - 10 years)	5:30 - 6:30 <b>Ballet Level 3</b> (11 & 12 years)	5:30 - 6:30 <b>Jazz 3</b> (11 & 12 years)	9:30 - 10:00 <b>Creative Ballet</b> (3 & 4 years)	10:30 - 11:00 <b>My First Dance Class</b> (3 & 4 years)
6:00 - 6:30 <b>Pointe A</b> (For dancers in ballet levels 4 & 5)	6:30 - 7:30 <b>Adult Beg./Int. Tap</b>	6:30 - 7:30 <b>Ballet Level 2</b> (9 -10 years)	6:30 - 7:30 <b>Adult Beg./Int Ballet</b>	6:30 - 7:30 <b>Jazz 4</b> (13 years + )	10:00 - 10:45 <b>Pre-Ballet</b> (5 & 6 years)	11:00 - 11:45 <b>Pre-Contemporary/ Jazz</b> (5 & 6 years)
6:30 - 7:30 <b>Contemporary 4 &amp; 5</b> (13 years + )	7:30 - 8:30 <b>Adult Adv.Tap</b>	7:30 - 9:00 <b>Advanced Contemporary</b> (15 years +)	7:30 - 9:00 <b>Adult &amp; Young Company Adv. Ballet</b>	7:30 - 8:30 <b>Intermediate Hip Hop</b> (15 years + )	10:45 - 11:45 <b>Ballet Level 1</b> (7 & 8 years)	2:30 - 4:00 <b>Advanced Jazz</b> (15 years + )
7:30 - 8:30 <b>Contemporary 3</b> (11 years + )	8:30 - 9:30 <b>Adult Jazz</b>				11:45 - 12:30 <b>Creative Movement</b> (4 - 6 years)	4:00 - 5:30 <b>Young Company II</b>
8:30 - 9:30 <b>Adult Beg./Int. Contemporary</b>					12:30 - 1:30 <b>Horton Technique A</b> (13 years + )	6:00 - 7:00 <b>Adult Beg. Jazz</b>
					1:30 - 2:15 <b>Adaptive Dance</b>	7:00 - 8:00 <b>Adult Heels/ Burlesque</b>
					2:15 - 3:15 <b>Choreography Lab B</b> (15 years + )	8:00 - 8:45 <b>Pilates</b>
					3:15 - 4:30 <b>Horton Technique B</b>	
					4:30 - 6:00 <b>Young Company</b>	